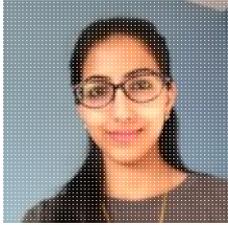


About Us

Our Team



Musarraf Quraishi, Physiotherapist and Clinic Owner

Bonnyville and Cold Lake, AB

Musarraf Quraishi is a registered Physiotherapist with specific training and a distinguished reputation in the management of pelvic pain, pelvic organ prolapse, constipation, and the pregnant and postpartum pelvis.

She is also specially trained to assist patients with treatment of pelvic floor, abdominal, uro-gynecological and lumbopelvic pain.

She earned her Bachelor of Physiotherapy degree from RGUHS India in 2012 and her Diploma in Health, Wellness and Fitness from the University of Alberta in 2014.

Her passion for work in the field of women's health developed while she was working at PCN Calgary. After taking a course in pelvic rehabilitation, she sought the training of medical acupuncture and is now a Certified Acupuncture Practitioner. She also works at a Multidisciplinary Clinic in Fort McMurray, AB.

A continual learner, in addition to the other credentials mentioned Musarraf is a Pelvic Physiotherapist, a Pelvic Floor Physiotherapist, a uro-gynecology and lumbopelvic health, a Certified Dry Needling Practitioner, a trained exercise physiologist, trained in vestibular rehabilitation, a certified vestibular rehabilitation practitioner, an accredited physiotherapy provider for Workers' Compensation Board, a certified health, wellness and fitness practitioner and a CSEP-CPT practitioner.

The conditions she has acquired an impressive reputation in treating include bowel and bladder incontinence for both men and women, vaginal pain and vaginismus (provoked or unprovoked vulvar vestibulodynia or vulvodynia), male genital and pelvic pain, pelvic girdle pain (sacroiliac and/or symphysis pubis pain), low back pain, core stabilization, pre-natal and post-natal pelvic floor dysfunction, coccydynia, mastitis (blocked milk ducts), and post-operative pelvic floor recovery and rehabilitation.

Musarraf Quraishi practices at Cold Lake Physiotherapy Clinic located at Unit C, 5412 55th Street, Cold Lake, AB, T1A 8A1 and is also located at 101, 5001 49 Avenue, Bonnyville.

Musarraf is accepting new patients. To book an appointment with her, please call her at 780-594-2083, Cold Lake or 780-594-2083, Bonnyville.



Dr. Amanda Stacey,Chiropractor

Bonnyville, AB

Dr. Amanda Stacey graduated from the University of Guelph with a Bachelor of Human Kinetics degree.

It was at that stage of her life that she became aware of the benefits of chiropractic treatment. She needed treatment for her student lifestyle.

“Having been a patient myself I can attest to how chiropractic care can improve comfort and quality of life,” she says.

Shortly after gaining her first degree, she pursued a career in chiropractic, earning her Doctor of Chiropractic degree from the University of Guelph College in 2014.

Dr. Stacey is a neuromuscular skeletal expert and is committed to helping all of her patients reduce pain, prevent injury, and improve their health and wellness.

She recently moved to the Cold Lake area and is excited to offer family and women’s care.

She uses a number of techniques and tools including but not limited to diversified manual adjustments, activator, Thoracic therapy.

She is also an experienced and certified provider of clinical acupuncture and orthotics.

Dr. Stacey has experience treating people of all ages and fitness levels. Some conditions she treats include: spinal health, neck pain, pregnancy pain, sprain and strains, plantar fasciitis, arthritis, and tendonitis.

In her spare time, Dr. Stacey enjoys staying active and working with youth in the Cadet program.



Jordan Phillips,Registered Massage Therapist

Bonnyville, AB

Jordan is a newly graduated registered Massage Therapist from the Alberta College of Massage Therapy. He aspires to cranial sacral therapy, shockwave therapy, manual lymphatic drainage, and any other modality/specialty that he can offer.

Jordan is looking forward to working and refining his skills in massage therapy over the next few years and is considering further his education into either physiotherapy or chiropractic. Jordan strives to be the best that he can be in all areas he is dedicated to a job well done.



Jordan Phillips, Registered Massage Therapist

Charmaine Dela-Cruz,Registered Massage TherapistRMT

Bonnyville, AB

Charmaine Dela Cruz is a newly graduate Registered Massage Therapist from MCG Career College (formerly known

She worked as a Lead Front Desk at Impact Health for almost 3 years until she became a Registered Massage Therapist

Charmaine's current list of services offered includes Relaxation and Therapeutic massage — she is planning to take additional services and expertise.



Charmaine Dela-Cruz, Registered Massage Therapist RMT

Morgan Pshyk,Physiotherapist

Bonnyville, AB

Welcome!

We are very excited to introduce to you our Impact Health staff member who will be joining us on January 4th, 2024.

Morgan is a new grad, who recently completed her Master's of Physical Therapy at the University of Alberta. She pre from U of A's Augustana campus in Camrose, Alberta. As a physiotherapist, Morgan believes in empowering her pati health, while employing evidence-based practice to help her patients achieve their goals. She believes in educating her them through the rehabilitation process to help them return to what they love doing - whether that be returning to spor your first appointment with Morgan to consist of a thorough assessment where she will gather relevant information re, and collaborate with you on a plan of care. Morgan is in the works of completing her Level 1 Pelvic Health certification Pelvic Floor Physiotherapy.

Additionally, she is interested in obtaining her IMS dry needling certification, along with training in vestibular therapy physiotherapy, you can find Morgan as a spin instructor at the Selah Sanctuary, motivating her riders through encoura Morgan enjoys spending time on her acreage with her partner, taking care of their two dogs, cows, goats, pigs, chicken



Morgan Pshyk, Physiotherapist

Gunjan Soni,Physiotherapist

Cold Lake, AB

Gunjan earned his Bachelor of Physiotherapy degree from Gujarat University India in 2011 and his Diploma in Health from Humber College in 2014.

His passion for work in the field of Musculoskeletal Physiotherapy developed when his friend dislocated his shoulder. As a clinician is to help his clients in achieving their health goals and return them to a pain-free lifestyle.

He has recently moved to Cold Lake from Edmonton, and although he loves the food, culture, and people in Edmonton, he enjoys the nature and endless traveling, camping and kayaking options in the Cold Lake area. In his spare time, he likes to hang out with his family and friends.

He values continual learning and ongoing education. Over the past 12 years, He has gained experience in conditions including low back pain, neck pain, physiotherapy, myofascial releasing, persistent pain, and musculoskeletal injuries.

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Mikayla Lyn-Ann Morgan,Registered Massage Therapist

Cold Lake

Mikayla is a Registered Massage Therapist who graduated from Makami College in 2017. Mikayla is passionate about chronic stress, pain, or tension. She believes massage therapy is an effective way to calm the nervous system, which c Mikayla offers relaxation and therapeutic massage and uses both to support her clients' health.



Mikayla Lyn-Ann Morgan, Registered Massage Therapist

Emma Funk,Registered Massage TherapistRMT

Emma is a Registered Massage Therapist currently finishing the 3000 hour program at Makami College and will be going forward to furthering herself in massage and eventually expanding into sports and athletic rehabilitation. She started her career in rodeo sports medicine. She loves working with people with different therapy techniques and utilizing the team. She currently offers relaxation and therapeutic massages including cupping, trigger point release and myofascial release techniques post graduation.

She enjoys spending time with her dog and 2 horses and competing in rodeo events with her fiancé.



Emma Funk, Registered Massage Therapist RMT

Keyur Sharma,Physiotherapist

St. Paul, AB

Keyur graduated from Gujarat University in India in 2013 and made the move to Canada in 2014. He moved to Canada and worked in Health Promotion at Seneca College. This allowed Keyur to work in the Health and Fitness industry to maintain his knowledge and skills. He passed his Physiotherapy Board Exams. Keyur wrote and passed his exams in 2019 and began to work as a fully licensed Physiotherapist.

He has since made the move to Alberta to continue his practice.

Keyur had experience working with a wide variety of patient populations (mainly geriatric), helping them to optimize their health and mobility through exercise.

He takes pride in educating his clients. His treatment strategies include and are not limited to exercise therapy, manual therapy, Neuro-muscular Facilitation, posture and ergonomic training, Laser, Acupuncture, and electro-therapy. He is a strong believer in evidence-based practice and is constantly striving to adapt for the delivery of the best treatment plans.

Keyur's goal is to provide Client Centered care. To book an appointment with Keyur, please call us at 780-645-1120



Keyur Sharma, Physiotherapist

Joy Tremblay,Physiotherapist

St. Paul, AB

Joy graduated from University of Alberta with distinction in 1981, working first in Regina, Saskatchewan and then Victoria, British Columbia and then back to Alberta in 1989. She has worked throughout the Lakeland area since that time, moving to St. Paul in 1994.

Joy chose physiotherapy because of an interest in Sports Physiotherapy. While having had the pleasure of working with national teams covering events from the provincial to international stage as part of the medical team, she is equally proud of the years spent in a rehabilitation team.

Joy has also obtained certification in both acupuncture and trigger point dry needling.



Madison Sikora,Registered Massage Therapist

St Paul, AB

Madison is a Registered Massage Therapist who graduated MacEwan University in 2021. Her passion for massage is lives. She prides herself in providing a relaxing and pleasant environment for her clients, whilst keeping the remedial passionate about helping individuals maintain or improve their physical and emotion wellbeing through massage ther

Madison specializes in Deep Tissue Massage, in addition to being adept in Joint mobilization, trigger point release, sp hydrotherapy, cupping, hot stone, etc.